**Raans Gymnastics Club**

**Order Form for Girls’ Leotards.**

**WOMENS / GIRLS SIZE CHARTS (How to measure)**

**A. Chest**: When measuring the chest the arms need to be down at the side. Measure from the fullest part of the chest. The tape measure should be parallel to the floor.

**B. Waist**: Measure from the narrowest part of the waist. Tape measure should be parallel to the floor.

**C. Torso**: Start the measurement from the centre of the shoulder, down through the legs and back up to the shoulder.

**D. Arm**: Measure from the top of the shoulder, down the arm to the wrist.

**CHILD SIZES**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **GB Size** | **24** | **26** | **28** | **30** | **32** |
| **Approx Age** | 3-4 | 5-6 | 7-8 | 9-10 | 11-13 |
|  |  |  |  |  |  |
| A) Chest (cms) | 22-24 | 23-26 | 25-28 | 27-30 | 29-32 |
| B) Waist (cms) | 20-21 | 20-22 | 20-23 | 21-24 | 22-25 |
| C) Torso (cms) | 36-38 | 38-42 | 40-45 | 43-47 | 47-53 |
| D) Arm Length (cms) | 14-15 | 14-15.5 | 15-17 | 17-19 | 18-20 |
|  |  |  |  |  |  |

**ADULT SIZES**

|  |  |  |  |
| --- | --- | --- | --- |
| **GB Size** | **34** | **36** | **38** |
| **Approx Age** | 13-15 | 15+ | L |
|  | A |  |  |
| A) Chest (cms) | 31-34 | 33-36 | 35-38 |
| B) Waist (cms) | 24-27 | 25-27 | 26-29 |
| C) Torso (cms) | 52-56 | 56-60 | 58-61 |
| D) Arm Length (cms) | 19-21 | 21-23 | 21-23 |
|  |  |  |  |

Please return the form to [**gymmanager@raansgymnastics.org.uk**](mailto:gymmanager@raansgymnastics.org.uk)and make payment online to :

**Raans Gymnastics Club Bank Payment details:  
Raans BACS – A/C 21124994   Sort Code 40-17-12    
Ref: Childs name & Leotard**

|  |  |  |
| --- | --- | --- |
| **Item Required Size Quantity** | | |
| **Novice Leotard**  Sizes Age 5-6, 6-7 **£18.95** |  |  |
| **Intermediate/Advanced Leotard – short sleeve**  Sizes 24-32 **£39.** Sizes 34 or over **£47** |  |  |
| **Intermediate/Advanced Leotard – long sleeve**  Sizes 24-32 **£46** Sizes 34 or over **£55** |  |  |
| **Contact details** Your name  Your daughter’s name  Email address  Your daughter’s class time  Date of order | | |